

## QUICK GUIDE: THE ROYAL COLLEGE MOC PROGRAM AND FRAMEWORK

### New requirements:

- 250 credits per five-year cycle
- A minimum of 25 credits per year
- A minimum of 25 credits for Section 3 per five-year cycle, which must include one (1) “Feedback Received” activity.
- There are no longer any minimum requirements for Section 1 and Section 2

### Section 1: Group Learning

Knowledge, skills and abilities acquired through group or team learning activities, including collaborative interprofessional and patient partner activities. Activities must be interactive through opportunities for discussion and can be in-person or virtual.

Conferences Journal Clubs Rounds Courses Seminars/Workshops Webinars (live) Small-group sessions Resuscitation Courses Patient-partnered learning	Accredited: 1 credit per hour Unaccredited: 0.5 credits per hour
Social media for knowledge translation	Accredited: n/a Unaccredited: 0.5 credits per hour to a maximum of 5 credits per year
Case-based discussions (to exchange evidence-informed ideas about new research, data and guidelines)	Accredited: n/a Unaccredited: 0.5 credits per hour

### Section 2: Individual Learning

Knowledge, skills and abilities acquired through independent, self-directed learning activities.

Educational content review (Reading, Listening, Watching)	Accredited: n/a Unaccredited: 0.5 credits per hour to a maximum of 30 credits per year
Courses (asynchronous)	Accredited: n/a Unaccredited: 0.5 credits per hour
Individual task training	Accredited: n/a Unaccredited: 0.5 credits per hour
Activity preparation (previously Personal Learning Project or PLP)	Accredited: n/a Unaccredited: 2 credits per hour
Postgraduate studies (Fellowship, Masters, PhD)	Accredited: n/a Unaccredited: 50 credits per year, per initiative
Traineeships	Accredited: n/a Unaccredited: 20 credits per year

### Section 3: Feedback and Improvement

Feedback received, feedback delivered, improvement initiatives.

**Feedback received:** Feedback received on your knowledge, skills or performance that enables you to identify opportunities for future learning or Quality Improvement (QI) activities or both

Accredited self-assessment programs (SAPs)	Accredited: 3 credits per hour Unaccredited: n/a
Receiving, reviewing and reflecting on feedback	Accredited: n/a Unaccredited: 3 credits per hour
Simulation activities	Accredited: 3 credits per hour Unaccredited: 1.5 credits per hour
Coaching or mentoring (as a recipient)	Accredited: n/a Unaccredited: 3 credits per hour

**Feedback delivered:** Feedback delivered to individuals, groups, teams or systems.

Review of feedback delivered	Accredited: n/a Unaccredited: 3 credits per hour to a maximum of 15 credits per year
Coaching or mentoring (as a provider)	Accredited: n/a Unaccredited: 3 credits per hour to a maximum of 15 credits per year

**(Section 3 continued)...**

**Improvement initiatives:** Activities carried out to improve patient care; physician well-being; professional practice; medical education; health systems; equity, diversity, and inclusion; planetary health; and other areas.

*Quality improvement: Quality improvement (QI) is an action-oriented, problem-solving framework that can help you enhance your practice and your personal or professional development. Includes MRA QI activities.*

<b>Individual improvement: Self-directed improvement activities†</b>	<b>Accredited:</b> n/a <b>Unaccredited:</b> 25 credits per QI initiative, per year Credits can be claimed each year that you are working on the QI initiative
<b>Group improvement activities – Group member of a QI activity</b>	<b>Accredited:</b> n/a <b>Unaccredited:</b> 15 credits per QI initiative, per year
<b>Group improvement activities – Leading role for a group QI activity</b>	<b>Accredited:</b> n/a <b>Unaccredited:</b> 35 credits per QI initiative, per year
<b>System improvement</b> Activities carried out to improve patient care; physician well-being; professional practice; medical education; health systems; equity, diversity, and inclusion; planetary health; and other areas.	
<b>Committee participation</b>	<b>Accredited:</b> n/a <b>Unaccredited:</b> 15 credits per year (chair), per committee OR 10 credits per year (member), per committee
<b>Curriculum development</b>	<b>Accredited:</b> n/a <b>Unaccredited:</b> 15 credits per year, per initiative
<b>Examination development</b>	<b>Accredited:</b> n/a <b>Unaccredited:</b> 15 credits per year, per initiative
<b>Clinical practice guideline development</b>	<b>Accredited:</b> n/a <b>Unaccredited:</b> 15 credits per year, per initiative
<b>Adverse event investigation, reporting and analysis</b>	<b>Accredited:</b> n/a <b>Unaccredited:</b> 5 credits per initiative

## Royal College Resources

[Royal College MOC framework website](#)

[What the Royal Colleges counts as accredited activities in the MOC Program?](#)

[Accreditation standards](#)

[Self-approval process](#)

[Full list of credit recognition agreements](#)

[Accreditation standards \[PDF\]](#)

## Section 3: Feedback and Improvement Quick Links

[Feedback received](#)

[Feedback delivered](#)

[Improvement initiatives](#)

[System improvement](#)

[Video resources](#)