MASK MAKING

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DO-IT-YOURSELF MASKS

MATERIALS

2 PIECES OF 100% COTTON
- o 8 ½" WIDE & 6 ½ " LONG
- o WASH & DRY BEFORE USING

RUBBER COATED FLEX TIE
- o **BRAND:** SCHMIDT
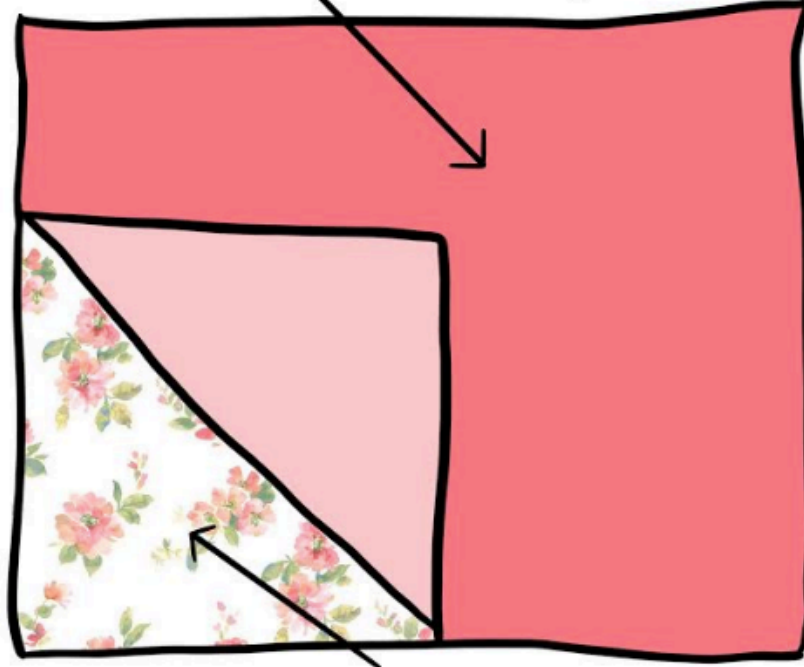- o **THICKNESS:** 1/8"
- o AVAILABLE AT **DOLLARAMA**

PINS, THREAD, ELASTIC THREADER

ELASTIC/ELASTIC CORDING
- o **PIECES:** 2
- o **LENGTH:** 11"
- o **THICKNESS:** 1/8"

SECOND FABRIC (INSIDE)

GOOD/NICE SIDE (OUTSIDE)

STEP 1:

- Cut two pieces of 100% cotton fabric (8 ½" wide x 6 ½ " long)
- Place right sides together and stitch along the long edge (1/4" from the edge)

STEP 2:

- Turn right-side-out and press along the seam

STEP 3:

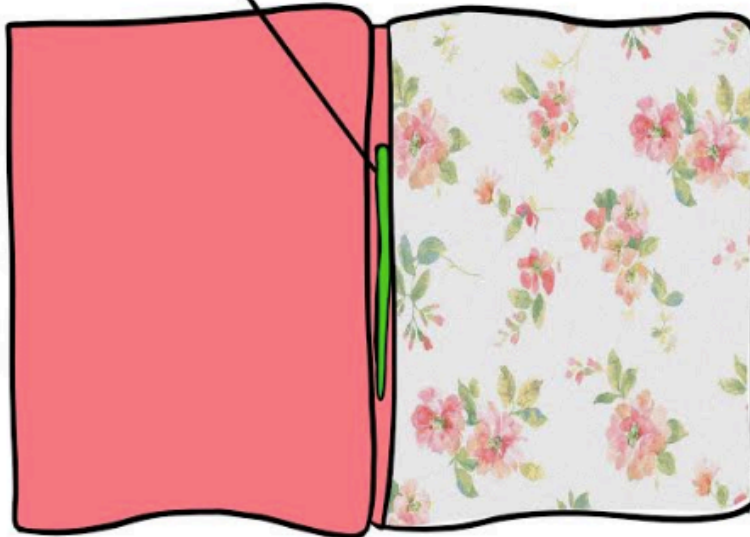- Cut rubber-coated flex tie (1 - 3½" in length)
Note: rubber-coated flex tie should be 1/8" wide and is available at Dollarama

STEP 4:

- Open the piece of fabric you just sewed together
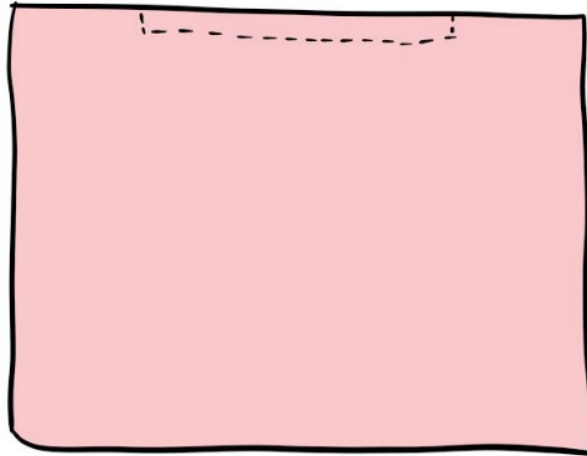- Lay the rubber-coated flex tie where the fabric joins
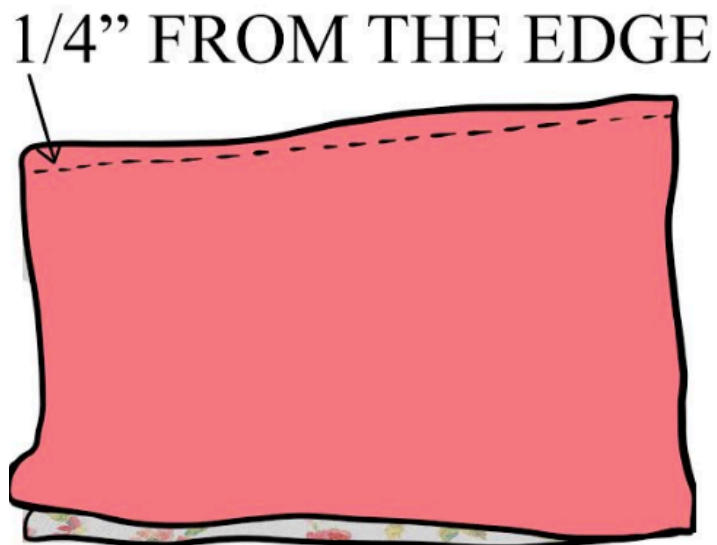

RUBBER-COATED
FLEX TIE

STEP 5:

- Fold pieces together again, with the good/nice side of the mask facing you
- Stitch a box around the wire

Note: a zipper foot can be used to get the stitching close to the rubber-coated flex tie

STEP 6:

- Turn inside-out and line-up the long edges
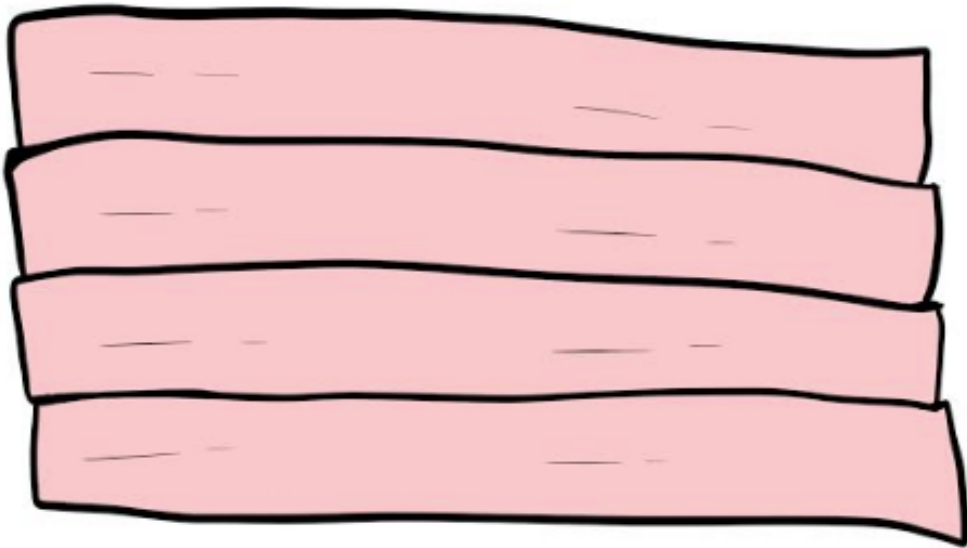- Stitch lower edge together (1/4" from the edge)

1/4" FROM THE EDGE

STEP 7:
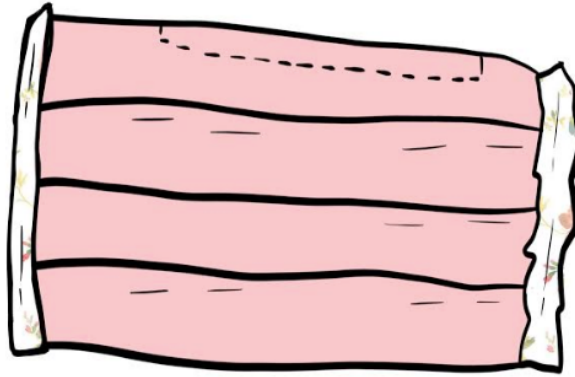
- Turn mask so that the good/nice side is out again
- Press the seam

STEP 8:

- Make three small pleats
- The mask should measure ~ 3 ½ - 3 ¾ " from top to bottom (with the pleats)

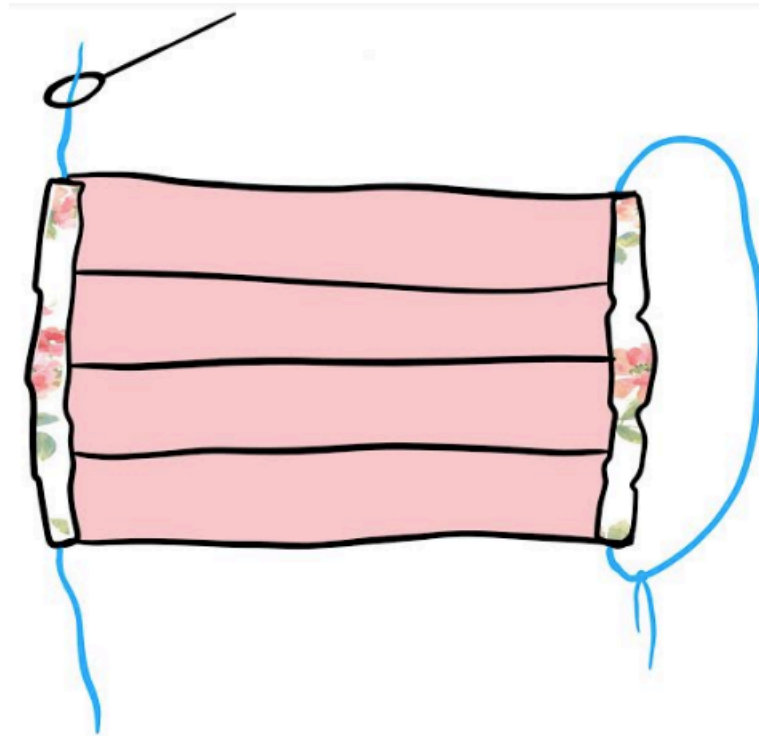*Note: pins must be used to hold the pleats prior to sewing*

STEP 9:

- With pleats pinned, turn the ends over twice (about 1/4" turn)
- Pin along the edge to hold (picture 1)
- Stitch along the edge, ensuring a 1/4" channel for elastic to slide through)

STEP 10:

- Trim all of the threads
- Cut two 11" pieces of elastic or elastic cording (elastic/cording should be 1/8" in width)
- Slide the elastic through the channel (elastic-threader can help) and tie both ends

FINAL PRODUCT